

**Capacity Building Training of Middle Level Training on Infant and Young Child
Feeding Counselling**

Institute of Public Health, NHM Ranchi

Brief report

Date: 23- 29 May 2016

Participants: 23

National Trainers: Dr. Sunita Katyayan, Ms. Fariha Siddiqui and Ms. Vibharika Chandola, Ms. Nupur Bidla

Venue: Institute of Public Health, Ranchi

This was the first training from the approved project of conducting 4 Middle Level Trainers Training courses with National Health Mission Jharkhand. The first batch comprised of 23 participants from 12 districts of the state. The batch was a mix of doctors and nurses. First day of the training was visited by various dignitaries like Dr. Beena Sinha (Deputy Director Child Health, NHM), Dr. Sumant Mishra (Director, IPH) and Dr. Ramesh (Director Finance) who inaugurated the training.

After that the participants were given a pre test form to test their present knowledge status. The course objectives, content and introduction to literature was given by Dr. Sunita Katyayan and Ms. Fariha Siddiqui respectively. The participants were explained that this course will be in two phases; where in the first phase of first three days would be conducted by the national trainers. The remaining four days would be phase two of the training where the participants would be given one session to prepare and conduct the same. A total of five Clinical practices were conducted at Sadar Hospital Ranchi.

Participants were given real time feedback and were monitored closely by their group leaders who were the national trainers. Participants were encouraged to ask questions and their queries were sorted. The batch was quite enthusiastic and all of them conducted their sessions quite well. Participants shared that this is the first time such a rigorous training has happened and that it has ingrained the counselling skills in them. They also said that the learning would be very useful in their daily work life and now they can help mothers. Some participants shared that till now many times it happened that mothers would come with queries like not having milk and they never were able to give convincing answers, but now they feel empowered that they can help all mothers with feeding difficulties.

At the end of the training, Dr. Sinha (Deputy Director Child Health, NHM) graced the valedictory function. She said that it is important that all the participants take these lessons back with them and try to bring small changes in everyday life, only then we can make a big change. After which she distributed the training tool it to all the participants after which certificate distribution was conducted.

GLIMPSES OF THE TRAINING



Figure 1 Participants filling the pre test before the training



Figure 2 Trainer showing positioning through demonstration



Figure 3 Dr. Beena Sinha (Deputy Director Child Health, NHM) with BPNI National trainers at the valedictory function



Figure 3 Participant making one meal during complementary feeding practical

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Participants List

S. No	Names	Designation	Address	Phone no.	E mail id
1	Ms. Geeta Kumari	Staff Nurse	Sadar Hospital Hazaribagh	7061614837	geeta2sang@gmail.com
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11	Ms. Teresa Anthony	Grade 'A' Nurse	W/O Mr. Sylvanus Beck, Green Garden Apartment, B- Block, B-1, Hesag, Hatia, Ranchi, Jharkhand- 834003	9279727641	
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19	Dr. Samsuddin Ansari	M.O. AYUSH	APHC Palganj Pirtand , Oppo Azad Library, Bhandaridin, Giridh, Jharkhand- 815301	9771890780	drsamsuddinbhms@gmail.com
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22	Ms. Renu Singh	Staff Nurse			
23	Ms. Rinku Kumari	Staff Nurse			